



## ACTIVITIES & PROGRAMME

Each year the Ultimate Adventure programme is carefully planned to incorporate a theme. The theme for this year's Ultimate Adventure will be revealed nearer to the start of the Adventure.

During the week we pack in as many activities and as much action as we can. However, there will also be some 'free time' during the week. This is an opportunity to head out onto the tennis court with a football, basket ball or tennis equipment or to visit the games room to play Pool, Table Tennis, Table Football or to break out Uno, cards or Twister in the lounge... or you could spend the time resting!

## DAYS OUT

During the week there is likely to be an outing to Barmouth, or to another local seaside town. On these types of trips there is often an opportunity to visit the local shops, although this is optional.

## WHAT TO BRING

See the kit list for full details of what you should bring, although note that bedding will be provided, as detailed above.

## EVENING SESSIONS

Min-y-Don is a Christian organisation. Each day there is an opportunity to discover more about the Christian faith at our evening sessions. These times are designed to be lively and fun, as well as challenging.

## DEPARTURE

Please aim to leave the site after breakfast between 10:00am and 10:30am.

If you have any more questions concerning your visit to Min-y-Don, please feel free to contact us using the details below.

# THE ULTIMATE ADVENTURE

*adventure & excitement - rest & relaxation*

**Min-y-Don**  
CHRISTIAN ADVENTURE CENTRE

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AUGUST 2017

